Tri-Lakes United Methodist Church Worship Hours, 8 a.m., Sun., 9 a.m. and 11 a.m., New Mennonite Church, 643 Hwy 105, Palmer Lake. Info: 488-1365, www.tlumc.org.


Tri-Lakes YMCA Senior Coffee, every Tue., 9:30-11:30 a.m., 17250 Jackson Creek Pkwy, Monument. Members and non-members are welcome. Socialize, have coffee or tea, and a boxed lunch from the nearby Cafe. Info: 630-2694, bhbeardon@pymca.org, www.pymca.co.

Al-anon Meeting: Monument Service, every Tue., 7:30-8:30 p.m., Ascent Church, (formerly the Tri-Lakes Chapel) 1750 Deer Creek Rd., Monument. Info: Kay, 481-9258.

Act II Thrift Shop, open Tue. - Fri., 10-5 a.m., Sat. 9-12:30 p.m., located in the Tri-Lakes Town Center. Proceeds go toward the support of the Tri-Lakes Senior Center. Info: 487-2628, carolyn@myothalchurch.org, www.myorthalchurch.org/act-II.

Panther Divine Doggie Day Care Club: every Wed., 6 p.m., if you love to run or walk a 5k and enjoy local food and beverages, visit PantherDivine DoggieDayCareClub@gmail.com, www.facebook.com/PantherDivineDoggieDayCareClub.

Tri-Lakes Church of Christ Wednesday Night Fellowship Meal (Free) & Classes, every Wed., 6:30-7:45 p.m., 20450 Beacon Life Road, Monument (Corner of Beacon Life Rd and Monument Falls Rd). Info: 488-4585, gregsmith@tlchurch.org, www.tllibrary.org.

Tri-Lakes Lions Club Thursday Lunch Club: every Thu., 11:30 a.m., 203 Tri-Lakes Church of Christ, 675 W. Baptist Rd, Monument. Info: 481-8278.

Mountains Community Mennonite Church, 643 Hwy 105, Palmer Lake, after the senior lunch. Come for lunch at noon, then stay and play. Free! Prize Meets 2nd Thu. each month. Info: Maggie Nealon, 488-3037.


Foot Care Clinic, Fri., Sep. 15, 7 p.m., Seminar located across the street from the Tri-Lakes YMCA, on the Lewis-Palmer High School campus. A registered nurse examines your feet and provides care advice, toenail trimming. Cost: $3.50 for a 30 min. visit. Meets 2nd and 3rd last Fri. each month, by appointment. Info & appointments: call the Visiting Nurse Association, 577-4448.

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